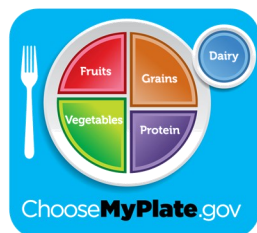


Most Needed Items



We provide groceries based on *USDA Guidelines For A Healthy Diet* for all of our pantries and programs. Please help us provide the healthiest food possible to those in need by donating these **Most Needed Items**.

*Plain Oatmeal & Grits
(Individually Packaged)*



*Canned Fruit
(In 100% Juice)*



*Canned Carrots &
Canned Mixed Veggies*



*Brown Rice & Whole Grain Spaghetti
(1 Pound Packages)*



Dried Beans (1 Pound Packages)

We accept and appreciate all brands of donations. Those pictured are merely examples of what we provide.

- ♦ We can no longer take donations of flour, sugar, cornmeal, etc. or any bulk bags of rice, flour, etc. because of lack of proper storage and the inability to safely break down the items into serving sizes.
- ♦ To ensure food safety, we cannot accept rusty, bulging or unlabeled cans, perishable items (other than fresh produce), homemade items, noncommercial canned or packaged goods, alcoholic beverages, or items that have been used or opened.
- ♦ USDA Guidelines allow us to use most non-perishable food items well past their marked expiration dates, as long as the can or packaging is intact. Please contact us if you have questions about expiration dates.
- ♦ Please contact us directly to coordinate donations of fresh produce.